# **MISSOULA COUNTY HELP LIST**

## 2-1-1

A telephone information and referral line. 2-1-1 is the information and referral service that can provide the vital link between people with questions or problems, and the social services in the community available to meet their needs. Trained staff analyzes questions or problems and refer you to the proper agencies and organizations that may be able to help. Web: <u>https://montana211.org/</u>

## 9-8-8

Provides 24/7, free, and confidential emotional support to people in suicidal crisis or emotional distress. Routed through Western Montana Mental Health's Lifeline Call Center in Missoula.

## **549-HOPE**

Hope Rescue Mission's call line with knowledge of resources available in the community and surrounding area. Helps individuals and families in need and in crisis and connects clients to the resource which best fits their need. Web: https://www.hopemontana.org/549-hope/

# EMERGENCY SHELTER

## JOHNSON ST SHELTER

Nightly check in 8:45pm. Submit your name before 2pm to enter the bed lottery. Adults only. Provides day services 6am-8pm. Additional services available for homeless people who are Veterans or in medical crisis. Web: thepoverellocenter.org

1110 West Broadway St.

1919 North Ave W

## POVERELLO CENTER

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Nightly check in 8:45pm. Submit your name before 2pm to enter the bed lottery. Adults only. Provides day services 6am-8pm. Additional services available for homeless people who are Veterans or in medical crisis. Web: thepoverellocenter.org

YWCA1800 S. 3<sup>rd</sup> St W406-542-6691Emergency food & shelter for domestic violence victims. Shelter location not public. Walk-in at 1800 S. 3<sup>rd</sup> StW. Crisis Line 1-800-483-7858 or 542-1944 (24hrs.) Web: ywcamissoula.org

SALVATION ARMY355 S. Russell406-549-0710Limited lodging may be available at Salvation Army to clients in emergency situations who do not qualify for<br/>emergency lodging from other resources. Hours: 9am-3pm Mon-Thurs

Temporary Safe Outdoor Space (TSOS)Mullan and Broadway406-542-542030 individual shelters available for houseless individuals through Hope Rescue Mission's housing program.Call or email (info@hopemontana.org) to apply. Web: hopemontana.org

406-540-4085 406-529-4185

406-728-1809 406-529-5643

Call or text 9-8-8

Call 406-549-HOPE or 406-549-4673

Call 2-1-1 or 406-549-5555

# ASSISTANCE PROGRAMS

OFFICE OF PUBLIC ASSISTANCE 2677 Palmer, Suite 100 TANF, SNAP (food stamps), Medicaid services. Hours: 9am-5pm Mon-Fri. www.apply.mt.gov

SOCIAL SECURITY ADMINISTRATION 3701 American Way 1-866-931-9029 Social Security, Supplemental Security Income (SSI), Supplemental Security Disability (SSDI) and Medicare. Hours: Mon-Frid 9am-4pm . Helpline: 1-800-772-1213. Web: www.ssa.gov

CHILD CARE RESOURCES 2409 Dearborn Ave, Ste L 406-728-6446 Helps people find quality child care. Administers Montana's Best Beginnings Scholarship to help people pay for early childcare. Trains early child care providers. Online resource library available. Mon-Fri 8am-5pm. Web: childcareresources.org

## MISSOULA JOB SERVICE

539 South 3<sup>rd</sup> Street West Provides information on local job openings, conducts resume reviews and practice interviews, offers career assessments, vocational guidance, referrals, and access to computers and printers. Job training available for eligible persons. Hours: Mon-Tues & Thurs-Fri: 8am-5pm, Wednesday: 11am-5pm Web: https://montanaworks.gov/job-service-montana

## **MONTANA VOC-REHAB**

Provides individualized vocational rehabilitation and supportive services to assist eligible individuals with disabilities to obtain, maintain, and advance in jobs compatible with their skills and abilities. Hours: Mon-Fri 8am-5pm

VOLUNTEERS OF AMERICA

Administers Supportive Services for Veteran Families (SSVF) to Veterans in housing crisis - provides eligible veterans with short-term financial assistance and service coordination. VOA offers Homeless Veterans' Reintegration Program (HVRP) and Moral Injury Services. Hours: Mon-Fri 8am-5pm.

SUMMIT INDEPENDENT LIVING 700 SW Higgins, Suite 101 406-728-1630 Offers support services to people with disabilities with an emphasis on self-help and self-advocacy skills, peer support, and development of community resources. Hours: Mon-Fri 8am-5pm. https://www.summitilc.org/

#### MISSOULA AGING SERVICES

337 Stephens St Services for older adults and those who care for them. Provides information on housing and medical resources, care management, meal programs, transportation, and financial management service. Call or visit website for more information. https://missoulaagingservices.org

2205 34<sup>th</sup> St

#### MISSOULA INTERFAITH COLLABORATIVE (MI.I.C.)

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Offers programs including Family Promise, Housing Advocate Network, and Missoula Works to support people in finding and maintaining housing and employment. Employs day-labor crew for home projects. Drop in Hours: Mon-Thurs 10am-12pm. Call for more information. http://micmt.org/

406-728-7060

406-329-5400

406-926-3600

1-888-706-1535

406-728-7682

406-207-8228

2675 Palmer St STE A

910 Brooks St. Suite 201

## OTHER

MONTANA LEGAL SERVICES 1535 Liberty Lane, Suite 110D 1-800-666-6899 Promotes equal access to justice: offers civil, non-criminal legal information, advice, and representation to people living in poverty. Hours: Mon- Fri 9am-12pm and 1pm-4.30pm. Web: montanalawhelp.org

**CRIME VICTIM ADVOCATE PROGRAM** 317 Woody St 406-258-3830 Free and confidential assistance to victims of relationship violence, sexual assault, and stalking by offering advocacy and resource information. Call for information and an appointment.

MONTANA FAIR HOUSING Butte, MT 1-800-929-2611 Investigates allegations of discrimination in housing, counsels victims of discrimination, and facilitates the state and federal complaint process for the advancement of civil rights and elimination of housing discrimination. Web: www.montanafairhousing.org

ADULT PROTECTIVE SERVICES 406-549-0543 1720 Wyoming St. Adult Protective Services are provided to person's aged 60 years or older, or to physically or mentally disabled adults and adults with intellectual disabilities age 18+ who are at risk of abuse, sexual abuse, neglect, or exploitation. Includes: receiving reports, conducting investigations, and making referrals for services with local and state agencies.

FOOD

## POVERELLO CENTER

1110 West Broadway St. Three meals served daily. Breakfast: 6am to 7:30am; Lunch: 11:30am to 1:00pm; Dinner: 5:00pm to 6:30pm. Food pantry open to housed community members Monday, Wednesday & Friday from 5:30pm to 7:00pm. Web: thepoverellocenter.org

1720 Wyoming St.

## MISSOULA FOOD BANK **& COMMUNITY CENTER**

Free store providing an emergency food supply to anyone in need. Community Center offers programs for youth and seniors, SNAP application assistance, and a learning center. Satellite Distribution Sites in Lolo, Clinton, and Bonner on 1st & 3rd Wednesdays 4-6pm. Missoula Store Hours: 10am - 7pm Monday, Tuesday, Thursday, and 10am - 1pm Wednesday and Friday. Web: missoulafoodbank.org

## SALVATION ARMY

406-549-0710 355 S. Russell Open Monday-Thursday 9:00am to 3:00pm. Food Pantry & meals may be available. Call for details. Web: www.missoula.salvationarmv.org

## CHRISTIAN LIFE CENTER

3801 Russell Food Pantry open on the 2<sup>nd</sup> & 4<sup>th</sup> Monday of each month from 4:30pm – 6pm (except holidays). Located behind church. Web: missoulachurch.com

2811 Latimer

(REVIVE) CITY FOODS MINISTRIES

Pantry at Revive Church provides canned and frozen food in addition to soap, toiletries, diapers, and personal hygiene products. Open 10am-12pm on Saturdays.

## WIC

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301 W. Alder St

## 406-258-4740

Supplemental food benefits, nutrition education, breastfeeding support, and community referrals available to low income families caring for young children. Appointments and walk-ins Monday-Friday 9am-5pm at Alder St. Call or see the county website for alternate locations and hours.

# 406-728-1809

406-549-0543

## 406-542-0353

406-721-7804

# **HEALTH CARE**

PARTNERSHIP HEALTH CENTER Health clinic offering a wide range of basic medical, behavioral health & dental care, telehealth, pharmacy & lab. Care provided on a sliding fee, with additional financial assistance programs available. Additional PHC clinics located at: Missoula Food Bank, Poverello Center, Lowell School, and the Alder Building. Call for hours, locations, and appointments. Web: partnershiphealthcenter.com

COST CARE Web: www.costcare.com Walk-in clinic offering affordable Direct Primary Care and Urgent Care. Hours: Mon-Fri 8am-6pm.

ALL NATIONS HEALTH CENTER 830 West Central Ave 406-829-9515 Provides a variety of culturally attuned medical services for adults, children, and families. Services are informed by Indigenous knowledge to promote holistic wellness for the Missoula AIAN community. Transportation provided. Hours: Mon-Thurs 8am-5pm and Fri 8am-12pm. Web: www.allnations.health

# **CLOTHING & FURNITURE**

BARGAIN CORNER THRIFT STORE 200 S California St 406-543-4926 Used clothing, household goods, and limited furniture for sale to support Missoula Catholic Schools. Hours: Tues-Fri 11am-5pm and Saturday 10am-5pm.

YWCA SECRET SECONDS Clothing, shoes, accessories, housewares, and furniture for sale to support YWCA programs. Hours: Tues-Sat 12pm-6pm. Web: www.ywcaofmissoula.org

THE UNDERGROUND THRIFT STORE 406-543-7154 705 S. Higgins Clothing, shoes, jewelry, crafts, and household items at affordable prices with proceeds supporting the Missoula Senior Center. Hours: Monday-Saturday 10am to 3pm.

TEEN CHALLENGE THRIFT STORE 2036 Mullan Rd 406-728-1171 Used clothing, household goods, tools, appliances, and furniture. Hours: Mon-Sat 10am-6pm

HOPE THRIFT BOUTIQUE 702 SW Higgins 406-728-5538 Provides a variety of culturally attuned medical services for adults, children, and families. Services are informed by Indigenous knowledge to promote holistic wellness for the Missoula AIAN community. Transportation provided. Hours: Mon-Thurs 8am-5pm and Fri 8am-12pm. Web: www.allnations.health

GOODWILL 2501 S. Reserve St. 406-549-6969 Hours: Mon-Sat 10am to 7pm, and Sunday 11am–6pm. DONATION WAREHOUSE 1804 North Ave W, Suite D 406-240-4042

Sells used furniture, appliances, and equipment to support The Parenting Place, a child abuse prevention center. Hours: Mon-Sat 10am-7pm, and Sunday 11am-6pm.

**RIVER OF LIFE CLOTHING CLOSET** 4007 Montana 200 406-214-3803 Free clothing. Hours: Weds 1pm-3pm and the last two Saturdays of each month 1pm-3pm.

LOVE MISSOULA PANTRY	1001 Cleveland St	406-721-6884
Free clothing available at Heart Church in p	artnership with Bethel Church.	Hours: Thursday 10am-1pm.

401 Railroad St. W.

406-258-4789